

Lauren Henry

After graduating from the University of Toronto with a Bachelor of Fine Arts degree,. Lauren took Graphic Art and Illustration at Sheridan College. She worked as Graphic Designer in various printing and publishing settings over the next 15 years. including advertising agency work and newspaper production.

Since moving to Kanata in 2002, Lauren has devoted herself to her first love, painting. Working in acrylic and watercolour, she paints primarily the rocky landscapes of Northern Ontario; where she has lived most of her life. She feels a kinship with native spirituality, desiring to convey the soul of her rocks and trees through colour and form.

Member of Art Lending of Ottawa since 2005

Media - acrylic and watercolour